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Medical Practice Associates

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As per instructions from the Minister of Health and the provincial Medical Officer of Health on March 12, 2020 we will NOT be providing notes/forms for work absence due to sickness, nor will we do COVID-19 swabs unnecessarily.

If necessary consider showing this letter to your employer. Current recommendations are for any travellers returning from anywhere outside of Canada to self-isolate for 14 days and for any patients with symptoms of colds and flus to self-isolate for a minimum of 14 days from symptom onset. We strongly recommend all individuals comply with these recommendations at this critical time.

We will be adhering to the screening guidelines issued from the BC Center for Disease Control.

<https://news.gov.bc.ca/releases/2020HLTH0077-000484>

The relevant sections of the news release are as follows:

“We are asking employers to excuse staff for sick leave without requiring a doctor’s note, if their employees are ill or required to self-isolate. We are also reinforcing that if you have symptoms and may have been exposed to COVID-19, you must call your local primary care provider, or 811, to arrange for safe testing.

We have heard reports of employers requiring all their staff to get tested. Only a health-care professional can determine whether you require a test – and employers should not require employees to have a test if a health-care provider has recommended against it.”

Sincerely,

Drs. Appleby, Bradford, Grewal, and Lim.